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# *Beyond Theatres*

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THE AGA KHAN UNIVERSITY

*Department of Surgery Newsletter*

*Volume 12, 2014*







## Front Cover

Department of Surgery,  
How AKUSTIC Created History in Nairobi – August 2014

## This Issue

■ Editorial	4
■ Workshops, Courses and Symposia	6
■ Conferences Attended by Faculty Members	10
■ Nairobi 2014	13
■ 1st Aga Khan University Surgical Trans-Indian Ocean Collaboration	14
■ Safari 2014	18
■ Completing the 360° Feedback	30
■ Innovations in Surgery	44
■ Travelogue	45
■ Appointments and Promotions	46
■ Proud to Announce	46
■ Residents' Corner	48
■ PGME Graduation Ceremony - 2014	51
■ Graduate of Residency & Fellowship Programs - 2014	52
■ Social Events	54
■ Annual Day	56
■ Publications	58
■ Newsletter Committee	63



## Of Surgeons, Science and Safari How AKUSTIC Created History in Nairobi

M Shahzad Shamim  
Muneer Amanullah  
Hammad Ather

Department of Surgery  
The Aga Khan University



It is rather surprising that in all the years of AKU's existence, never once did the departments in various AKU hospitals have gotten together. It was this thought which led to the concept behind the first Aga Khan University Surgical Trans-Indian Ocean Collaboration or AKUSTIC. The idea was first floated by Dr Masood Umer (in one of his usual passionate speeches), and was developed further and refined by the three of us, fittingly in the far corner of the Surgeons Lounge. We proposed to organize an international conference on the theme of "Quality Healthcare with Resource Restraints" in East Africa. When we presented the plan to the Chairs (Professor Raja, Professor Talati) and Dean Professor Abbas, all of them were immediately supportive. The name AKUSTIC was thought of by Drs. Talati and Shahzad and a committee comprising of three members each from Karachi and Nairobi was nominated. After several hundred hours of deliberations involving several hundred cups of coffee, the final program of AKUSTIC was unveiled. What happened next is AKU history. All the four AKU Departments of Surgery i.e., those established in Nairobi, Dar-es-Salaam, Kabul and Karachi, got together at Nairobi on the 1st and 2nd August 2014, and participated in a compact yet comprehensive scientific program of the highest standard, discussing topics as diverse as Surgical Ethics, Research, Cost Effective Surgical Practice, Surgical Education and Surgical Training. Thirty AKU Karachi Surgery Faculty (29 existing, one alumnus) travelled to Nairobi for this event, the largest number of AKU faculty ever to travel together. The conference was to be followed by a six-day safari excursion organized to complement the meeting, there were also 54 family members accompanying the group bringing the grand total of our travelling party to a whopping 84 people. The meeting ended with a round table discussion to formulate plans for AKUSTIC II, which was mutually agreed to be held in Karachi.

On the morning of 3rd August, the group proceeded for safari game drives, which were arranged in few of the world's most scenic and exotic game reserves. Amboseli National Park with its picturesque, volcano-effected terrain at the base of the majestic Mount Kilimanjaro. Lake Nakuru and Nivasha, with the famous Yellow Trees (historically associated with the origin of Yellow Fever) and grass laden hills on the banks of a swollen, misty lake. And finally, the Maasai Mara, the most famous natural game reserve in the world and home of the 'Great Migration', when hordes of

wild beasts make their way through packs of carnivore on to Serengeti, in search for greener pastures, providing one of the world's most breathtaking scenes of natural selection. Each day started with a 'Team Breakfast' and after an exciting game drive, ended with daily gatherings around a bonfire in the chilly jungle night where songs were sung, jokes were shared, stories were told and hidden departmental talents surfaced. There were groups for every age, from the 5-8 year olds to 70-plus. Academic ranks and hierarchies were shelved. Families bonded like never before and in fact after the first few days, the distinction between families blurred till the entire groups just appeared like one big family itself. It was an experience none of us had ever had before and like all great experiences, it remains elusive to describe it words.

There is plenty more to share, but as they say, 'What happens in Africa, stays in Africa!'. It suffices to write that several from the travelling group claim that the name AKUSTIC itself.....is sheer music to their ears.

Looking forward to the next bigger, better, bolder AKUSTIC II.



*Faculty at Aga Khan University Surgical Trans-Indian Ocean Collaboration (AKUSTIC) from Aga Khan University Karachi, Pakistan; Nairobi, Kenya; Dar Us Salam, Tanzania; and French Medical Institute for Children, Kabul, Afghanistan.*



# Workshop, Courses and Symposia

## Workshop on Medical Writing

Course Director: Farhan Raza Khan

Date: October 28, 2014



## Percutaneous Dilatational Tracheostomy Workshop

Course Directors: Moghira Siddiqui and Akbar Abbas

Date: December 7, 2014



## Annual Neurosurgery Review Course and Mock Exam for FCPS II Candidates

Course Director: Rashid Jooma, Course Coordinator: M Shahzad Shamim

Date: November 21-23, 2014

The Section of Neurosurgery held its annual course in August 2014, and was attended by more than 40 candidates and a dozen senior faculty members and FCPS examiners from all over Pakistan. The course has gained a huge reputation and has now been officially recognized by the Pakistan Society of Neurosurgeons and CPSP Dean, as an annual academic event, becoming the first of its kind in the country.



## Plastic Surgery Review Course

Course Director: Fazal ur Rahman

Date: December 6-7, 2014





## Basic & Advanced Arthroscopy Knee Workshop

Course Director: Masood Umer

Date: December 13, 2014



## Tendon & Micro Vascular Workshop

Course Director: Haroon ur Rahsid

Date: December 16, 2014



## 8th Pelvic and Acetabular Surgery Workshop

Course Director: Masood Umer

Date: August 2014



## Foot and Ankle Workshop

Course Director: Tashfeen Ahmad

Date: December 2014





# International Conferences Attended by Faculty

<i>Name of Presenter / Author</i>	<i>Name of Conference / Workshop &amp; Seminar</i>	<i>Country / City</i>
<b>Breast Surgery</b>		
Abida K Sattar	2014 Breast Cancer Symposium	California, USA
Shaista M Khan	2nd Breast Cancer In Young Women Conference	Dublin, Ireland
<b>Cardiothoracic Surgery</b>		
Hasanat Sharif	AATS 2014 Cardiovascular Valve Symposium	Istanbul, Turkey
Muneer Amanullah	28th EACTS Annual Meeting	Milan, Italy
Muneer Amanullah	5th Emirates Cardiac Society Congress	Dubai, UAE
Sulaiman Hasan	28th EACTS Annual Meeting	Milan, Italy
Syed Shahabuddin	24th Annual World Congress of the WSCTS	Geneva, Switzerland
<b>General Surgery</b>		
Abdul Rehman Alvi	8th Frankfurter Meeting	Frankfurt, Germany
Amir Sharif	8th Frankfurter Meeting	Frankfurt, Germany
Hasnain Zafar	2014 Clinical Congress	Chicago, USA
Tabish Chawla	2014 Clinical Congress	Chicago, USA
Fazal Ur Rehman	10th Congress of Asian Pacific Federation of Societies for Surgery of The Hand-6th Congress of APFSHT	Kuala Lumpur, Malaysia
Zia Ur Rehman	15th Congress of Asian Society for Vascular Surgery, Hong Kong	Hong Kong
Zia Ur Rehman	15th Congress of ASVS 2014	Hong Kong
<b>Neurosurgery</b>		
Aneela Darbar	10th Asian Congress of Neurological Surgeons	Astana, Kazakhstan
Aneela Darbar	Int. Fed. of Neurosurgery at The Sarova Stanley Nairobi	Nairobi, Kenya
Aneela Darbar	IFNE & WFNS Conference	Australia
Ehsan Bari	EANS 2014, The 15th European Congress of Neurosurgery	Prague, Czech Republic
Rashid Jooma	14th Annual Meeting, CNS	Boston, USA
<b>Operative Dentistry</b>		
Fahad Umer	2014 Annual Meeting AAP - 100th Anniversary	California, USA
Faisal Qayyum	6th Dental Facial Cosmetic International Conference & 3rd Aaid Global Conference	Dubai, UAE
Farhan Raza Khan	62nd Annual Meeting of The Japanese Association of Dental Research	Osaka, Japan
Najeeb Saad	6th Months Clinical Masters TM Program In Aesthetic & Restorative Dentistry	Dubai, UAE
Robia Ghafoor	ICD 2014	Bangkok, Thailand
<b>Ophthalmology</b>		
Azam Ali	(I) 14th Euretina Congress (II) XXXII Congress of The ESCRS	London, UK
P S Mahar	XIIth Congress Of The South Asian Academy of Ophthalmology	Colombo, Sri Lanka
Rashid Baig	ESASO Glaucoma Module Course	Lugano, Switzerland
Rashid Baig	1118th Meeting Of American Academy of Ophthalmology & SOE	Chicago, USA
Sharmeen Akram	ESASO Glaucoma Module Course	Lugano, Switzerland
Shaukat Ali Chhipa	Medical & Surgical Retina Module	Ankara, Turkey
Shaukat Ali Chhipa	AOS 2014 Congress	Bangkok, Thailand
Shaukat Ali Chhipa	ICO Fellowship Program Hanusch Clinic Supported By The Fred Hollows Foundation	Vienna, Austria
Tanveer Chaudhry	ESASO Glaucoma Module Course	Lugano, Switzerland
Tanveer Chaudhry	27th APACRS	Jaipur, India

<i>Name of Presenter / Author</i>	<i>Name of Conference / Workshop &amp; Seminar</i>	<i>Country / City</i>
<b>Orthodontics</b>		
Mubassar Fida	9th APOC & 20th MAOISCTE	Kuching, Malaysia
<b>Orthopaedics</b>		
Masood Umer	International Pelvic Sarcoma Cadaver Course	Kuala Lumpur, Malaysia
Tashfeen Ahmad	AAOS Observership	Boston, USA
Haroon Ur Rashid	ASAMI 2014	Goa, India
Haroon Ur Rashid	10th Congress of Asian Pacific Federation of Societies for Surgery of the Hand-6th Congress of APFSHT	Kuala Lumpur, Malaysia
Haroon Ur Rashid	2014 Hong Kong International Wrist Arthroscopy Workshop and Seminar	Hong Kong
Pervaiz M Hashmi	Siriraj Training & Education Center For Clinical Skills	Bangkok, Thailand
Pervaiz M Hashmi	9th Congress of Apfsht & 10th Congress of Asian Pacific Federation of Societies for Surgery of the Hand	Kuala Lumpur, Malaysia
Riaz Hussain Lakdawala	8th Asia Pacific Orthopaedic Symposium (APOS)	Singapore
Riaz Hussain Lakdawala	Scoliosis Research Society	Alaska, USA
Tashfeen Ahmad	Fellowship In Faimer Institute 2014	Philadelphia, USA
Tashfeen Ahmad	2014 AAOS International Surgical Skills Scholarship Award	Chicago, USA
<b>Otolaryngology</b>		
Mubasher Ikram	IFHNOS 5th World Congress - AHNS 2014 5th World Congress	New York, USA
Mubasher Ikram	3rd Head & Neck Master Course - Quality Care In Low Resource Settings	Dubai, UAE
Mubasher Ikram	ISIAN-IRS-PARS 2014	Dubai, UAE
Shabbir Akhtar	IFHNOS 5th World Congress - AHNS 2014 5th World Congress	New York, USA
Shabbir Akhtar	ISIAN-IRS-PARS 2014	Dubai, UAE
Sohail Awan	Endoscopic Endonasal Surgery Course	Pittsburgh, USA
<b>Paediatrics Surgery</b>		
Saqib Qazi	4th Annual Congress - European Society of Paediatric Endoscopic Surgeons	Slovakia Republic
Shabbir Hussain	BAPS 61st Annual Congress With IPEG	Edinburgh, UK
Zafar Nazir	2014 ACS NSQIP National Conference	New York, USA
<b>Urology</b>		
Amanullah Memon	SIU 2014 - 34th Congress of The Societe Internationale D"Urologie	Scotland, Glasgow
Amanullah Memon	Holmium Laser Enucleation of The Prostate (HoLEP) Masterclass Certified Course	Abu Dhabi, UAE
Farhat Abbas	Holmium Laser Enucleation of The Prostate (HoLEP) Masterclass Certified Course	Abu Dhabi, UAE
Imran Khan Jalbani	14th Congress of The Middle East Society For Organ Transplantation	Istanbul, Turkey
M Hammad Ather	32nd World Congress of Endourology and SWL (WCE 2014)	Taipei, Taiwan
M Hammad Ather	Holmium Laser Enucleation of The Prostate (HoLEP) Masterclass Certified Course	Cambridge, UK
M Hammad Ather	3rd IAU In Association With NAUS	Kathmandu, Nepal
M Hammad Ather	12th Asian Congress of Urology	Kish Island, Iran
M Hammad Ather	2nd Experts in Stone Disease (ESD)	Cape Town, South Africa
Nuzhat Faruqi	Understanding Female Urology	Mumbai, India
Nuzhat Faruqi	2nd Experts in Stone Disease (ESD)	Cape Town, South Africa
Syed Raziuddin Biyabani	Holmium Laser Enucleation of The Prostate (HoLEP) Masterclass Certified Course	Abu Dhabi, UAE
<b>Surgical Research</b>		
Syed Adnan	AAO-HNSF Annual Meeting & OTO Expo 2014	Orlando, Florida



**Masood Umer** at the International Pelvic Sarcoma Cadaver Course, KL, Malaysia.

**Aneela Darbar** was invited as a faculty and guest lecturer at the interim meeting of International Federation of Neuroendoscopy (IFNE) in collaboration with World Federation of Neurosurgeons (WFNS) held from 1-3, December, Nairobi, Kenya.



## Participants of the ORTHOCON 2014





# Nairobi 2014



# 1st Aga Khan University Surgical Trans-Indian Ocean Collaboration

## Course Program

Venue: Aga Khan University Lecture Hall - Nairobi

Course Conveners: M. Hammad Ather (KHI), Raj Jutley (NBO)

Chairs Scientific Committee: M. Shahzad Shamim (KHI), Abdallah Abdul-Karim (NBO)

Chairs Organizing Committee: M. Muneer Amanullah (KHI), Saeed Samnakay (NBO)

Friday, August 1st 2014

### SESSION I: ETHICS IN SURGERY

Panelists: Mubashir Ikram (KHI), Najibullah Bina (FMIC), Nasir Sulaiman (KHI), Saeed Samnakay (NBO)

Moderator: Sharmeen Akram (KHI)

Good people doing bad things: The conundrum of Research 0930 - 1000  
Speaker: Aamir M. Jafarey (KHI)

Ethics Across the Oceans 1000 - 1030  
Speaker: Asad Jamil Raja (NBO)

Ethics in Contemporary Surgical Practice: Case Discussions 1030 - 1100  
M. Muneer Amanullah  
M. Shahzad Shamim

Tea 1100 - 1130

### SESSION II: SURGICAL RESEARCH

Panelists: Rashid Jooma (KHI), Masood Umer (KHI), Ronald Wasike (NBO), Attiya Shaikh (KHI)

Moderator: Aneela Darbar (KHI)

Surgical Research at AKU Karachi 1130 - 1145  
Speaker: M. Shahzad Shamim (KHI)

Surgical Research in a Busy Surgical Unit 1145 - 1200  
Speaker: Jamsheer J. Talati (KHI)

Developing Registry- Experience in Nairobi 1200 - 1215  
Speaker: Raj Jutley (NBO)

Hurdles in Performing RCT in Surgery 1215 - 1230  
Speaker: Hammad Ather (KHI)

Potential and Scope of Stem Cell Research at AKUH Karachi 1230 - 1245  
Speaker: Hasanat Sharif (KHI)

Research Directions for the Aga Khan University 1245 - 1300  
Speaker: El-Nasir Lalani (NBO) (TBC)

Lunch 1300 - 1400

### SESSION III: TRAUMA MANAGEMENT AND TRAUMA REGISTRY

Panelists: Athar Solangi (TAN), Syed Ather Enam (KHI), Tabish Chawla (KHI), Dinaz Gandhi (KHI), Benjamin Wachira (NBO)  
Moderator: Hasnain Zafar (KHI)

Pediatric Trauma Management Speaker: Arif Mateen Khan (KHI)	1400 - 1420
Overview of Trauma Services in Nairobi Speaker: Hassan Saidi (NBO)	1420 - 1440
Developing a Megacity Trauma Registry Speaker: Rashid Jooma (KHI)	1440 - 1500
Open House Discussions on Management of Polytrauma Case 1: Gohar Javed (KHI) Case 2: Masood Umer (KHI) Case 3: Karen Mbaabu (NBO)	1500 - 1600
Concluding Remarks Speaker: Saeed Samnakay (NBO)	1600 - 1615

### INAUGURAL SESSION

Welcome Address Raj Jutley (NBO)	2000 - 2010
Inaugural Address Asad Jamil Raja (NBO)	2010 - 2030
Inaugural Address 2030 - 2050 Jamsheer J. Talati (KHI)	
Vote of Thanks Muneer Amanullah (KHI)	2050 - 2100

Saturday August 2nd 2014

### SESSION IV: SURGICAL EDUCATION AND TRAINING

Panelists: Ahmad Ali Shah (KHI), Wafula Khamala (NBO), Irfan Daudi (KHI), Anwar Suhail (KHI)  
Moderator: Farhan Raza (KHI)

Resource Restraints and Surgical Education: Individual Perspectives. Speaker: Najeebullah Bina, FMIC, Kabul Speaker: Azra Naseem, AKU, Karachi Speaker: Ronald Wasike, AKU, Nairobi	0900 - 1000
Resource Restraints and Surgical Training: Individual Perspectives Speaker: Hammad Ather, AKU, Karachi Speaker: Abdul Karim Abdallah, AKU, Nairobi Speaker: Athar Solangi, AKU, Tanzania	1000 - 1100
Concluding Remarks Shahzad Shamim (KHI)	1100 - 1110
Tea	1110 - 1130



## SESSION V: HEALTHCARE ECONOMICS

Dean's Address: Farhat Abbas & Robert Armstrong	1130 - 1200
Panelists: Pamernas Oroko (NBO), Nuzhat Faruqui (KHI), Zia Ur Rehman (KHI), Shaukat Chhipa (KHI) Moderator: Fazlur Rehman (KHI)	
Can health insurance bring equity in access to Health Care in Pakistan? Speaker: Rashid Jooma (KHI)	1200 - 1215
Cost Cutting in Surgery Speaker: Shahid Ahmed Sami (KHI)	1215 - 1230
Public Private Sector Partnership Speaker: Asim Khan-Alumnus (Lahore)	1230 - 1245
Health Care Economic experience Speaker: Majid Twahir (NBO)	1245 - 1300
Concluding Remarks of the Conference Farhat Abbas	1300 - 1310
Lunch	1310 - 1400

## SESSION VI: LUNCHEON MEETING FOR FUTURE DIRECTIONS

Moderators: Raj Jutley (NBO) and M. Hammad Ather (KHI) Participants: Athar Solangi (TAN), Najeebullah Bina (FMIC), Robert Armstrong, Abdallah Abdul-Karim, Samnakay Saeed, Asad Raja (NBO), Farhat Abbas, Muneer Amanullah, Shahzad Shamim, Jamsheer Talati (KHI)	1400 - 1500
Concluding Remarks M. Hammad Ather	



# 1st Aga Khan University Surgical Trans-Indian Ocean Collaboration





# Safari 2014















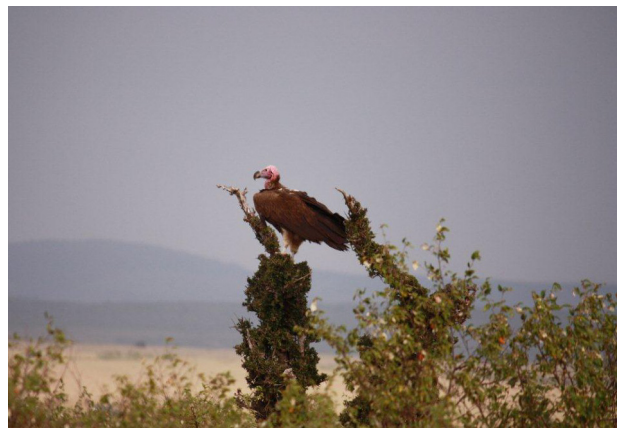




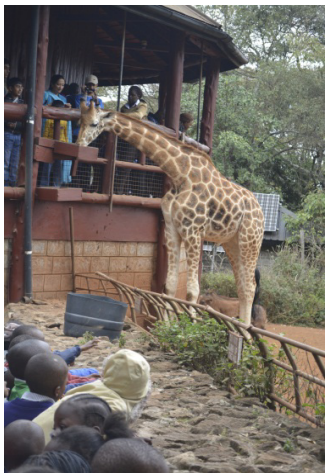






























## Completing the 360° Feedback



The long cherished dream of Dr Asad Jamil Raja of bringing together the two major surgical units of AKU, at Karachi and Nairobi was made possible by his immense support and guidance in the months preceding the summer of 2014. From thence, Drs Muneer Amanullah, Hammad Ather and Shahzad Shamim crafted together an interesting programme of presentations and retreat/workshops for a conference serving that aim. The latter were to be held in various resorts whilst on Safari. As Afghanistan joined in, it became apparent that the conference had the potential for growing even further, whilst still remaining centered around the Indian Ocean. It was from this focus that the idea of Aga Khan University Surgical trans-Indian Ocean Collaboration

(AKUSTIC) was established. Taking into consideration the impact of collegiality and social activities on facilitation of our daily surgical work, the organizing team from Pakistan made a strong case for a post conference safari; and support of the workshops and conference from departmental funds. These were graciously sanctioned by the Dean, and we were off to a grand start to what we all hope will be continued collaborative conferences over the decades.

The presentations made during the conference, will impact on our work. Ethical principles which play on our professionalism were explored. Trauma, research, data bases, cardiac care and many other aspects were discussed. Our presence in Nairobi has started an initiative that will link into research, and cross training and teaching. The contacts for incorporating e learning to facilitate teaching were made on this trip.

The time has come for planning of the next AKUSTIC, and defining the specific outcomes that will enrich our research, teaching and patient care. A critical decision that will be needed soon will devolve around whether we hold the Second AKUSTIC now; or in 2016, by which time under the aegis of our new Chair, Dr Ather Enam, MD, PhD, immensely valuable original work will most likely have been done, with a consequent enrichment of presentations and their value.

All the best

*Jamsheer Talati*



The conference at Nairobi was fruition of efforts of members department of surgery notably Drs Masood, Hammad, Shahzad and Muneer. This was indeed first effort to bring two different departments of surgery in two continents together.

The conference indeed not only achieved its stated objectives but also brought together members and family of department in a manner unimaginable. The retreat helped develop a sense of camaraderie and this to me was real success.

*Hasnain Zafar*





The Bengali author and Nobel laureate in literature Rabindranath Tagore once said: "If I can't make it through one door, I'll go through another door - or I'll make a door. Something terrific will come...". Indeed something terrific did happen when a convoy of surgeons from the department of surgery Aga Khan University, Karachi ventured on a maiden voyage to Nairobi in July last year. The aim was quest for knowledge, understanding a health care system in country with similar health care facilities and economic situations. Exchange of ideas improved understanding of each other's health care system and ensuing issues open our minds. In two days of intense interaction, discussion touched on not only various surgical pathologies but also issues related to surgical education and avenues for future research.

Having seen the city with maddening crowd we moved to the second leg of the journey to the real jungle with animals. For most of us it was a virgin experience of an African jungle with real animals living in their natural habitat fulfilling all basic instincts. Amboselli, Masai mara and Lake Nakuro provided just the right end to this wonderful journey. We all returned extremely fulfilled and still reminisce the experience of this wonderful journey.

*Hammad Ather*



The trip to Nairobi was an experience of a lifetime one I thoroughly enjoyed. We left from Karachi as colleagues but we returned as a family. Memories of the trip I shall cherish forever.

*Dinaz Ghandhi*

I was apprehensive about the trip since I barely knew anyone in the group apart from my Aunt. The thought of spending a couple of days with strangers in unfamiliar territory was overwhelming. However, after much convincing, the desire to strike a new destination off my list set in and I decided to come along. And I am glad I did. Kenya was a fantastic

experience! The breathtaking safari – nature having so much to offer and the group – diverse, yet sporting and fun loving made it a memorable trip with never a dull moment."

*Sanaya Niece of Dinaz Ghandhi*



Nairobi was an unreal experience. Whatever was planned probably happened as planned, other than of course my daughter losing her suitcase. But a lot of unscripted goodness also happened, Kenya bringing out the best in folks. Long time colleagues actually became fast friends, and thanks to no WiFi, our children learned the art of conversation and became human! The goodness that we discovered in each other continues event today, months after the safari turned into a pleasant memory. Somehow, Kenya, and Munir, managed to bring out the best in everyone. Yes, it was unreal. It probably never happened.

*Aamir Jafarey*

It was a very last minute decision for my daughter and myself to accompany Aamir. But I am thankful to the post iftar rush of blood to the right parts of the brain that made us finally agree to come along. My apprehensions of being surrounded by strangers was soon put to rest as we found ourselves among friends who rapidly assumed the closeness of family. For me, the safari was a side effect; it was the bonding that I will always cherish.

*Maha Jafarey Wife of Aamir Jafarey*

I was totally not going! I didn't want to miss my first days in high school, and end up with a bunch of my fathers' doctor friends who would talk endlessly about medicine. I was proven wrong. I loved experience, the gentle giraffes, the agile gazelles, the lazy hippos and majestic lions. And I discovered friends. This is probably how life was in the olden days before WiFi and 3G!

*Asra Jafarey D/o Aamir Jafarey*



Thank you to all the wonderful Group members, for making the Nairobi trip, truly the most memorable one of our lifetimes. Everything was fantastic, from the exciting game rides to the idyllic surroundings and most importantly our lovely friends who became more like family and made the new experiences even more enjoyable. The Nairobi trip will always hold a special place in our hearts and we will continue to cherish the wonderful memories forever...

*Rahela Shah Wife of Ahmed Ali Shah*

I had a great time during our Safari trip. I loved seeing all the wildlife, especially the deer's and baby elephants. I really liked the part when we stayed in the tents. I made lots of new friends and I really hope we can go there again someday.

*Sarah Shah D/o Ahmed Ali Shah*





Early mornings, never ending bus rides, short bathroom breaks and late nights were common features of this trip but as ironic as it may sound, they made the trip unique and fun. From our interaction with the giraffes and visit to Masai market to watching a live kill of a wilder beast it was all a lifetime experience.

*Aamna D/o Arif Mateen*



I was the newly hired consultant at AKU and started my job in Feb 2013. Much to my dismay, one year had passed and I was unable to make any headways in developing a relationship with the surgery faculty. And, comes the great opportunity in the form of the AKUSTIC and the Nairobi trip. Suddenly all the gates of friendship and camaraderie were wide opened to me. The surgery faculty took me in under their wings as their very own like a mother hen would take her chicks. I made coaster buddies, coffee buddy and wake- up call at 6 am buddy. This trip helped me to secure the love and affection of my co-workers and their families and created a strong bond between us, which to me is priceless.....

*Aneela Darbar*



Masai girl with traditional mark on her cheek and a missing tooth indicating she belongs to masai tribe.

- Highly organized,
- Innovative idea,
- Just a family trip with a lot of fun and interaction,
- The mile stone in the history of department which has brought its members much closer never imagined before,
- Proved that distance and boundaries have no value in front of imagination and commitment,
- Excellent work done!

*Zia Ur Rehman*





Of all my vacations, Kenya was simply outstanding. While travelling, I usually play with phones and laptops but the greenery around me changed it. The phones looked like toxic thingys lying around. We had so much to see, flowers, grass, trees, beautiful birds and wild animals. Who needs a phone when you have so much to see. I had ran out of those kidnapping 6 walls (I know, 4, but up and down, so 6) and ran to where I belong, the open. I didn't want to be captured or locked up. I wanted to run, run, eat and sleep. The best thing was, that every moment, I remembered Allah, my Lord, and knew he is the one who has

created this all, and I began 'Alshukr Allah, Izkr Allah'. In short, all through the trip, I felt very, very alive.

*Shafay 'The Philosopher' S/o Shahzad Shamim*

Age 8 years

When I was in Kenya, I saw lot of lions and lionesses. It was fun. I want to go there again. I went with my friend Faiz. I also saw one, and only one rhino. Lots of hippopotamus and lots of elephants. We did jokes around the bonfire and danced with Africans. Wooh gooooo. And the birds, don't even ask. I really had fun.

*Shaheer 'The Adventurer' S/o Shahzad Shamim*

Age 6 years



I have been to more than 2 dozen countries but my experience with the AKU group in Kenya was different from any other vacation. It was fantastic and I thoroughly enjoyed every moment of it.

*M Shamim Father of Shahzad Shamim*

Age 75 years



It was a superbly organized visit which happened for the first time in bringing us closer and together.

During the conference we had a chance to listen to some great talks by Professor Rashid Jooma and Dr Shahid Sami to name a few.

The department of surgery became one Big family where we had children as young as 4 years and elders as old as 80 yrs and we were all there for each other.

I was part of the "Gazelle", and we had a time of our life. We saw a lot of talent coming out of the faculty, one great photographer came out of this trip when Dr Arif Mateen opened his camera after ages and was seen clicking away every few minutes.

Overall it was a superb trip which has left life long, fond memories for all of us.

*Nuzhat Faruqui*







After the conference me and my son were ready for a big safari trip. The next few days were full of travelling and safari. After long, bumpy and jolty travelling even simple chairs used to feel like massaging chairs. So many species of animals like Rhinos, giraffes, lions, leopards, wild beasts, ostriches, elephants, deer, vultures etc., being chased by so many species of surgeons and their families was a unique fun. Mini get togethers at night times with a lot of enjoyment made the trip a true family event. In the end we were so saturated with safari that we were desperate to reach the airport (not Nairobi airport but Karachi airport).

*Gohar Javed*

During my safari trip I observed that lion is one of the most powerful but at the same time one of the laziest animals of jungle. Perhaps kings are the same everywhere. These animals need democracy.

*Hasham S/o Gohar Javed*



A real bushman holiday. Excellent scientific meeting in Nairobi with relevant contents followed by memorable and spectacular sights of Africa. A very well planned and organized tour. Thanks to all the organizers and to all the participants for making such a wonderful trip possible.

*Shahid Sami*

Unforgettable trip to Kenya. Amazing wildlife and breathtaking scenery. Plenty of time to meet and know others participants. I felt like I was with the family and why not, AKU surgery department is a family.

*Farah Wife of Shahid Sami*

Though, the entire trip was full of memorable events but our wildlife safari and the evenings around the bonfire were the highlights. The biggest outcome of this trip was that the families that came to Kenya as multiple small units departed back to Pakistan as one big AKUSTIC family. A life time achievement of organizing this event for 90 persons and a dream comes true. I enjoyed organizing this trip from yellow fever vaccination, visa, ticketing, conference, safari and all logistic arrangements for this group. Thanks to Almighty Allah and AKUSTIC family for making the Nairobi trip, truly the most memorable one of our lifetimes.

*Murad Bana*





We had an exhilarating experience in Kenya. My boys and daughter in law joined me from the US and we had a great time with my own and AKU family. The lectures were great and we networked with AKU Nairobi faculty. My younger two sons flew out to Mombassa with me in tow! We had a great time at the beach there. The organization of the safari was good and this is off my bucket list for now (unless we decide to visit again). Was disappointed though that we could not see the great migration and crossing of the river by the wildebeest. My eldest son and daughter in law were able to fly back to Nairobi with Dr Shahid Sami and Farah Sami in a small aeroplane, and that was a unique experience in itself.

*Hasanat Shariff*



Participation in AKUSTIC was one of my finest times in AKU. Truly be pleased with the friendliness and sociability of our faculty and their family members. All journey, conference, and safari went well without mishap, Ma Sha Allah.

*Shaukat Ali Chhipa*

I was too much excited and worried about this journey. It was very pleasant trip as the group was very cooperative and the organizers were extremely caring. My worries were vanished quickly and I enjoyed the safari, group discussions and food.

*Sanober Wife of Shaukat Ali Chhipa*



## "A DREAM COME TRUE"

Just a week away from the start of the above much awaited dream, I fell down about 10 flight of steps at Sehri. The bad agonizing reality was the fracture of the surgical neck of the left humerus. Despite being excruciatingly painful, the option of canceling the "MEMORABLE SAFARI" was out of question.

With a lot of support from my family and a most wonderful assistance of dear friends "ONE OF MY DREAMS" was fulfilled.

Apart from experiencing the unique fauna and flora of Kenya, the most important plus point of the Safari was the bonding of friends and especially the children.

*M. Nasir Sulaiman*







It was a wonderful experience. Before going I wasn't sure how the trip would evolve. But it turned out to be a very good decision for both my family and me. I was able to become very good friends with a lot of colleagues. The bond that was created there would not have been possible otherwise. We all came back as one big happy family.

***M Fazlur Rahman***

It was a 'once in a life time' experience. It's a trip everyone should have on their wish list and to add to all the fun we had a wonderful group of people to share the experience with. We all got to know each other's families and had a great bonding. I am glad that we were a part of it.

***Ameena Wife of M Fazlur Rahman***

I loved Kenya but I did not like the part when we had to get vaccinated but it was fine. I loved the trip. I wish we would have stayed there longer, it was the best trip ever. Nairobi is the best place I ever went to, the most pretty and wonderful place ever

***Marium Naseem D/o M Fazlur Rahman***

The trip was ok, but the view was amazing. I reckon we might go there again. And it was completely not what I expected. First I thought there would be more trees and I thought there would be a proper campsite. I found the lions funny and very, very lazy.

***Mohammad Faizur Rahman S/o M Fazlur Rahman***



Our trip to Kenya exceeded our expectations. I was hesitant to go initially but now .... I only have wonderful memories.

I had a spectacular experience and was able to see many amazing creatures.

The whole trip was amazing. Everything from the Mara camp to the animals in the wild. The service at the camp is first rate, right down to the hot chocolate and wakeup call in the mornings. I think seeing lions at a distance of few steps was one of the most memorable part of the trip, but it's hard to pick out just one.

Watching those amazing animals doing what they do best in their natural environment was one of the best experiences of my life and a memory that will stay with me for a long time.

The trip went perfectly and smoothly every step of the way.

*Ehzam, Arham Kids of Attiya Shaikh*



I enjoyed the moment, when the herd of elephants passed our van smoothly and steadily without pushing and jotting each other. It's a lesson for us to create harmony among ourselves.

*Ahmed Shahood S/o Masood Umer*

One of the best moments of the Kenya trip was the visit to the Masai village. It was fascinating to see how the villagers considered education important. The tribe leader showed us how to light fire using twigs and further told us that he had 10 wives!

*Fareeha Masood D/o Masood Umer*

I enjoyed the long rides, holding binoculars, cameras making videos and getting excited and trilled on seeing the wild animals in their natural habitats.

*Mohammad Wadood S/o Masood Umer*

In Kenya, I took a bag,  
at the airport, they put a tag,  
I enjoyed it very much.  
I saw lions, big they were such  
They were seeing a deer,  
and as they came near,  
It ran away in fear

*Mohammad Hammad S/o Masood Umer*







August 2014 was possibly my most memorable time at the AKU. I and my wife Niggie, found ourselves a part of a group from Department of Surgery AKUH, that had committed to attending an educational conference cum safari trip to Nairobi Kenya.

What a trip of a lifetime it was. Great sightseeing and long lasting friendships were made that pervaded Across age groups, different specialties and certainly different temperaments. For me this trip helped cement a lifelong devotion and love for the AKUH community.

Thank you Munir, Shahzad, Hammad, Murad and everyone else. Great job, very well done.

*Irfan Daudi*



I have been a part of AKUH family since 1987, but never in the past 27 years, did I come so close to some of the most wonderful people that I made lasting friends with. Thank you for according me such warmth besides providing a truly magnificent experience of a safari holiday. This will be etched permanently on my mind

*Nighat Wife of Irfan Daudi*



It was a great memorable trip, and specially with my AKU pals, it was really great. I must admire Dr. Muneer for his ability to gather all and make it a truly enjoyable trip.

*Asim Khan*

It was very nice and had a chance to meet old friends and really enjoy a lot. I am thankful to AKU to make it a really family fiesta.

*Mrs. Asim Khan*

Our trip to Nairobi was outstanding, we enjoyed a lot. I made new friends and learn a lot about Africa. I never had this much fun in my life and the memories will stay with me forever. I wish we can plan similar trip in future too.

*Umair Khan S/o Asim Khan*

Our trip to Nairobi had created an everlasting memory of joy and fun. We went with my father's friends and family and it was well organized. I am thankful to all.

*Hannan Khan S/o Asim Khan*

My trip to Nairobi was great. I had fun in Safari and like the hotel too it was like a hotel within a zoo. I enjoyed the bonfire and like to go again.

*Hashir Khan S/o Asim Khan*





2012 January, a mad thought, can I organize a Department of Surgery meeting in Karachi involving all specialties?

2013 February, another mad thought; can I organize it outside of AKU.

These impure thoughts were aired in the somewhat hot and humid surgeons lounge on a bright June Thursday in 2013. Most looked at my crazed eyes and smirked. Some turned their eyes away and some walked off. One man stood out. He said “Maneer (don’t spell check that’s how he calls me) do it but outside Pakistan”. Many heads turned. I replied “what about Dubai”, he said; “we can go there anytime, what about Nairobi”. By this time there was apt attention looking for an opening for ridicule. I replied, “friend it will be done”. Let me give it some thought. And a thought I gave.

Now this Thursday group already famous for being notorious and gluttony was embarking on a whimsical mission of a Department of Surgery meeting in Nairobi. Luckily in Masood Umer I had found a confidence booster. I was looking for a couple of totally outrageous creatures to fulfill this mission and I found them in Hammad Pather (sorry Ather) and Shahzad Roy (read Shamim). Mad Man, Pather and Roy (read three stooges) formed a committee bestowing important sounding titles upon each other such as chairman organizing committee, Conference Convener and Chairman scientific committee. Something was missing. We needed a stabilizer for the committee. We did not need to look far. We approached the de facto chair of surgery; yes the one and only Murad Bana who whole heartedly jumped into the abyss of organizing the trip to a foreign land and thus we were four.

The four musketeers as we were fondly called, did our homework and produced a workable scientific program and then with the proposal visited the two Raja’s; the medical college Green eyed Raja and the departments Raja. In both we found support. We produced the idea of having the meeting for all the units of the university. This idea sold even more strongly. Next the task of procuring enough dirty lucre to bring this concept into a reality. In Business Zafar (read Hasnain) we had the kind of support that we required. He not only encouraged but volunteered to plunder and create deep recesses into the surgeons own contributions towards the department. With documented support from the Raja’s and Business the 4 musketeers went about organizing the all too necessary retreats for enhancing research, education and training accompanied by safari just as had been done earlier by a previous university group.



Karachi, probably one of the most hostile cities to live, sought out to threaten our Raja. Just as things were progressing, our own Raja had to leave us and migrate to Nairobi. Good farewell party during which the two Rajas’ were again gently coaxed into reiterating their commitment to taking the Nairobi conference to its natural culmination. All are happy. The idea is shared with the Interim and the name AKUSTIC



was coined by him. So now we had a name, a program, a venue and faculty falling over each other to get aboard the plane to Nairobi. There were as always a few cynical remarks, like; this conference will make such a big dent into our funds that we will not have any left (we are richer than before), this is not HALAL!!!!, it won't work, and why waste money. Since most were looking forward to a wonderful conference and retreats, not much thought was given to these comments.

The Badshah (read the President) was also invited, which he accepted, gave his blessings but couldn't attend because of prior engagements in Tanzania. We did return back together and on the airport was briefed about the wonderful success of the conference. In the plane we did not get a chance to meet him though he travelled with the Mr. and Mrs. de facto chair in business class.

30th July 2014, the day after Eid-ul-Fitr, 83 people – faculty and their families (another 10 joined on the 31st) turned up at the Karachi airport, packed, excited and animated. Eid greetings were shared, check in at the Emirates Business counter for EK 601 was entertained, immigration was swift and hassle free. Some who had not been to the CIP lounge visited and had free food. The likes of us frequent travellers went straight to the waiting room, paid for the breakfast at butlers and waited for the announcement for boarding. All 83 of us, from Parents one of whom was in the 70's and another in a wheel-chair, to toddlers in pushchairs and the grown-ups acting like excited teenagers and the actual teenagers acting like well teenagers, hovered around the boarding gate. Finally the boarding announcements for EK 601 to Dubai were made and right on time at 12 noon 83 voices cheered in union as we lifted off towards our mission.



In Dubai we met up with Mubashir Ikram who had reached a few hours before us from USA. Our flight to Nairobi was again on time and as we boarded EK 721, a sense of relief showed on the 4 Musketeers. A special welcome was announced by the Emirates staff on the plane for the great adventurous surgeons of AKU.



Nairobi, here we come. The plane landed on time at 7 pm, well after Maghreb. Immigration was total chaos so we all felt right at home. No worries we are here for an adventure and believe me it was an adventure of a life time.

From the time we arrived in Nairobi (30th July) to the day we landed in Karachi on the morning of 9th August, I do not recall a single dull moment, disagreements, fights or fumes, instead just the most incredible feeling of happiness.

Many lines can be written of the hotels and the rooms, the wonderful food, the enthusiastic and interactive conference, the most unbelievable, inconceivable and fantastic safari at Amboseli and Massi Mara and the travelling's, the animals, the dust and rain, the marking of our own individual territory in the African savannah, the Massi village, the shopping and the singing and dancing at night around a campfire.

What I want to say is only this; 94 people left Karachi for Nairobi as individuals and small families. Magic happened in those 10 days in Kenya and we returned to Karachi as one family with one heartbeat and one aim – Bring on AKUSTIC II, III and IV.....

*Muneer Amanullah*



I can't express my feelings into word, what a superb time I had from the first game drive when we saw elephant crossing to last of a kill. It was an experience of a lifetime.

One thing you cannot predict in advance is the interaction between folks talking the trip with you. But we all hit it off from the start and became like one big happy family. (Nairobi fun loving family), our excitement is still the same whenever we get together and discuss/watch clips of our adventures

*Tazeen Wife of Muneer Amanullah*

Amazing is a word constantly overused. My trip to Malaysia was amazing. My trip to Egypt was amazing. But my trip to Nairobi? That was awe-inspiring. The sheer beauty of the place is hard to describe. The environment, the atmosphere, the wildlife. Animal Planet and National Geography can give you stunning images but until and unless experience it first hand, you will fail to grasp the awesomeness of God's creation. Best vacation of my life? Without a doubt.

*Talah S/o Muneer Amanullah*

I had visited Kenya 30 years ago but had been unable to go on a Safari. So it was one of my dream which came true. The experience was such that I recommend anyone able to go on a Safari should make the effort. I was not so fond of animals, but seeing them in their natural habitat was quite different. I thought I would be fascinated just by the lions but my most memorable part was the herd of elephants walking in a queue with discipline. It was more peaceful at the game parks then our towns. I found the people accompanying us in the Safari very friendly, and most even possessed childlike sense of humor.

*Sister of Muneer Amanullah*



It all started with an email from Murad Bana. The mail was sent to the entire surgical faculty about organization of a conference in Nairobi, Kenya that was to be jointly organized by Surgery departments in Karachi and Nairobi with some participation of the surgical units at Darassalam and Kabul. An interesting thing that was floated with the email was that the two days conference program was annexed with a retreat and wildlife safari proposal. That probably aroused the interest of many and not much later; I realized that a big proportion of surgical faculty has already confirmed their participation.

The idea was unique; opportunity was attractive so excitement was natural. Upon reaching the airport, the pleasant surprise that awaited us was the fact that most of the faculty members were travelling with their families. Emirates airline pilot during his announcement also mentioned the name of our department and paid his thanks that immediately brought a wave of excitement among all passengers onboard. Dr Shahzad Shamim was our team captain in the aircraft as he helped all families to get their preferred seats by rearranging the seat allocation. The staff at the airline check-in counter did a sloppy job in this area.



Thanks to the Neurosurgeon who came to the rescue and rearranged the complex circuitry to a better anatomical and physiologically harmonious position.

The arrival in Kenya was pleasant. The entry process was swift. The transport was well managed and we reached our destination at safari park hotel. Since, it was already late in night, so went straight to sleep. The resort was quite extraordinary in its ambience. The wooden work in the hotel reminded me of an old movie made on Gandhi, in which British government offices in India in the era of 1920 and 1930 were pictured. Kenya was also under the occupation of British rule in that era so some degree of resemblance in colonial lands architecture is not unusual. On a lighter note, the steering wheels in the cars on the right hand side is a substantial evidence that India, Pakistan, Bangladesh, Kenya and other countries share the same masters in past.



The next two days were busy as conference proceedings could not give us any time for big recreation. However, we did manage to visit malls; Elephant and Giraffe sanctuaries, enjoyed good food and kids of the faculty took the initiative and became good friends with each other. The conference itself was productive in knowledge sharing about surgical education, mentoring of the new generation of doctors who can cater local health needs, inculcation of right sets of ethics, road traffic accident prevention and other burning issues were debated in depth.

On the next morning, we were supposed to occupy 13 safari vehicles heading towards Amboseli National Park. The residence at the AA Amboseli Lodge was exceptional. Those were in shape of traditional huts from outside but quite a modern hotel room from inside. All got cheerful to learn that the electricity shut down in that area is 4-6 hours per day. So, all of us felt at home.

The safari was the main action hero of our thrilling film. We watched zebras, elephants, hippos and thousands of wildebeest. The view of the Mount Kilimanjaro in the backdrop was exotic. My kids enjoyed every moment of the safari ride but they could not see any lion or tiger in that wildlife park. In addition to the game drive in the morning and afternoon, the most entertaining part was late evening in which we used to sit around a bonfire and faculty and their children used to share stories, jokes, mimics, song and one night all audience witnessed a number of surgeons synchronizing along with the natives in their traditional dance.



The next destination was Lake Naivasha and Masai Mara Lodge. The most excited part was watching cheetah and lion with their cubs. We even witnessed a lion that was successful in making a kill. It was just like watching animal planet or national geographic in real life. Finally, the day of departures came. Although, the entire trip was full of memorable events but our wildlife safari and the evenings around the bonfire were the highlights. The biggest outcome of this trip was that the families that came to Kenya as multiple small units departed back to Pakistan as one big surgery family. I must say that we should give full marks to the organizers of the event, especially Murad Bana, who was the star of this well organized trip.

**Farhan Raza Khan**

# Innovations in Surgery

## Renal Transplantation Program



A task force on Organ Transplantation was constituted in December 2010 to review prospects of establishing renal transplantation program at AKUH. A proposal and program feasibility was developed and approved in July 2012. A multidisciplinary commissioning group, chaired by Dr. Amanullah Memon, was formed in August 2012 with mandate to accomplish tasks for commencement of the program. The group supervised consolidation of resources including recruitment of transplant surgeon, refreshers for faculty at renowned international centers

and observer ships for support staff as well as completion of regulatory requirements of the Sindh Human Organ Transplant Authority.

After a rigorous planning phase, the program was launched and the first live-related transplant surgery was successfully performed by a team comprising of Drs. Taqi Toufeeq Khan, Amanullah Memon, Khalid Samad, Waqar Kashif and Abdul Mabood Khalil.

A dedicated Renal Transplant clinic was established where patients needing kidney transplantation are offered consultations by a team of Nephrologists and further evaluated for suitability for transplantation. It also provides post-transplant long-term follow-up for transplant recipients and their donors. Total of eleven transplants have been performed since the inception of the program.



### Clear Aligner Therapy

Attiya Shaikh

Assistant Professor, Orthodontics

Dr. Attiya Shaikh Assistant Professor in the Section of Dentistry has introduced the practice of clear aligner therapy first time in Karachi. Clear Path Aligners are removable medical grade plastic appliances which patient wears instead of brackets and wires to correct malocclusion. Dental aligners are a modern alternative to braces, for teeth that are in need of straightening. The advantage it offers, other than invisibility, is that they are completely removable; it is easier to clean teeth; less irritation and injury to patient's cheeks; less discomfort during treatment; less visits and chair-side time; and, calculated and precise tooth movements through better control of orthodontic forces. Dr. Attiya is the pioneer and is officially certified for this treatment therapy.



# Travelogue

## Babies' Day Out: A trip to the Valley of the Fairies

Saad Akhtar Khan

Resident Neurosurgery

It was an honor for both Waqas and I, to be awarded the Young Neurosurgeons Scholarship to present at the Asian Conference of Neurosurgery 2014 held at Astana, Kazakhstan. Only 30 neurosurgeons were selected for this honor and all were treated like royalty and viewed as an eye candy at the conference.

If it wasn't for Waqas's calmness, we would have never made it to our destination. At the time of departure we were both denied exit by the FIA officials because our visa started on the 25th and we were leaving for Kazakhstan via Abu Dhabi on the 24th. I had used all armor that a senior surgical resident has up his sleeves (to invoke fear, domination and at last, to fight) for what you think is right that. I argued that we would be entering Kazakh air space on the 25th, but it did not matter because this was not a medicine resident who you are asking to take over a patient or, a histopathology attending who you are asking to stay late for a frozen, it was the outside world. Waqas with years of experience of working his charms at the OR counter did what he was trained to do. He told me to relax, walked over to the FIA official, and said something to him (what, I still wonder) at which he allowed us to travel, but at our own risk.



Reaching Astana, the airport gave flashbacks of an old James Bond movie filmed in Russia. The weather was chilly and the conference was a blast! We were taught by big names like Saleem Abdul Rauf and Hernesneime who have really developed my interest in vascular neurosurgery. Waqas, on the other hand was interested in functional neurosurgery. I have never consumed so much caffeine in my life than I did in those functional neurosurgery sessions. Turns out that fulfilling Waqas' interest was becoming injurious to my health. We were introduced to Kazakh favorite dish 'Horse meat', which we came inches close to eating. In evenings after the conference we would go out to explore the city and found that Kazakhstan is a flat land with no mountains, hence the chilly weather and also that their culture is mostly of Russian origin. Their buildings were themed on ancient mythologies. Food and entertainment in Kazakhstan was a horror and

therefore started Waqas' quest to find Desi Food (mainly Daal Chawal), and my quest of finding a fairy. The closest Waqas came to finding Daal Chawal was an awful lentil soup and the closest I came to finding a fairy is eminent in the picture.

When we entered Kazakhstan, we were given immigration slips which we had to get stamped from police station before leaving but since we were so good at paying attention to details, we only remembered this on our last day, and also that. The conference secretariat helped but to make matters worse, we had misplaced our slips. So they got us new slips and had it stamped by the police, although with no entry stamps (which we only realized at Karachi airport). They say "what starts well ends well too", I guess not in our case because again we stood at the immigration counter pleading our innocence.

# Appointments and Promotions



**Hammad Ather**

Promoted to Professor,  
Section of Urology



**Zafar Nazir**

Promoted to Professor,  
Section of Pediatric Surgery



**Irfan Jeeva**

Appointed as Assistant Professor,  
Section of Ophthalmology

## Proud to Announce



**Nuzhat Faruqui**

Assistant Professor, Urology

Awarded Advanced Diploma in Health  
Professions Education



**Inam Pal**

Associate Professor, General Surgery

Received Outstanding Teachers Award  
by Students



**M Arif Mateen Khan**

Associate Professor, Pediatric Surgery

Received Outstanding Teachers Award



**Attiya Shaikh**

Assistant Professor, Dentistry

Appointed as American Association of  
Orthodontist Ambassador, representing  
the Pakistan Association of Orthodontists



**Zia Ur Rehman**

Assistant Professor, Vascular Surgeon

Received Best Paper Award in the 9th  
SAARC Surgical Care Conference  
13-16 Nov 2014



**P. S. Mahar**

Consultant Ophthalmology

Elected as President of Pakistan Glaucoma  
Assembly (PGA) for next two years





**Zia Ur Rehman**

Attended 15th Congress of Asian Vascular Surgery in Hong Kong in September 2014. He was first Pakistani surgeon to attend and present two research papers in this forum.



**Shahzad Shamim**

Awarded on 14th International Neurology Update & 7th National Stroke Conference held on December 19-21, 2014



**Masood Umer**

Awarded the Best Organizer Award for the International Pak Orthocon 2014



**Tabish Chawla, Hasnain Zafar and M Shahzad Shamim**

Awarded Fellowship of the American College of Surgeons

# Residents' Corner

## Cleared FCPS



**Ali Raza Mangi**

Resident Cardiothoracic Surgery



**Sadaf Qadeer**

Resident Otolaryngology



**Sanam Tauheed**

Resident Orthodontics



**Zafar-ul-Islam**

Resident Orthodontics

## Cleared IMM Examination



**M. Tariq Khan**

Resident Cardiothoracic Surgery



**Asad Moosa**

Resident General Surgery



**Talal Aqueel**

Resident Orthopaedics



**Nita Kumari**

Resident Orthodontics



**Khadiam Hussain Khawaja**

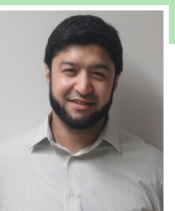
Resident Orthopaedics



**Madeeha Ali**

Resident General Surgery

## Cleared MRCS



**Muhammad Faheem Khan**

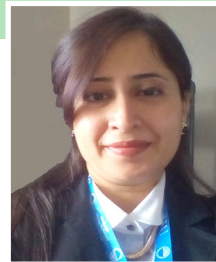
Resident Neurosurgery





**Syeda Mahvash Hussain**

Resident Operative Dentistry  
Awarded 3rd prize in the Annual  
Conference of Pakistan Association of  
Dental Research at University of Health  
Sciences, Lahore 24-27 Oct 2014



**Mehwash Nadeem**

Resident Urology  
Awarded Best Researcher in PGME  
Graduation Ceremony



**Rizwan Haroon Rashid**

Resident Orthopaedics  
Won the Pakistan Orthopedic Association  
Research Award 2013-14 at Orthocon,  
Karachi 18-20 December 2014



**Badar Ujjan**

Resident Neurosurgery  
with Prof Peter Black, President  
of WFNS, founder of preoperative  
MRI & Awake craniotomy, ASNO  
Istanbul 2014



**Rizwan Haroon Rashid**

Resident Orthopaedics  
attended the AO Advance  
Course in Dubai -  
November 2014



**Waseem Ahmed & Irfan Ashraf**

Residents Orthopaedics  
attended the AO Basic Course in Lahore –  
November 2014



**Orthopaedics Chief Resident's Farewell Picnic**

## Oral Presentations by Orthopaedic Residents at ORTHOCON 2014

S. No.	Faculty / Resident's Name	Title of Abstract
1	Masood Umer, Tashfeen Ahmad, Sadia Habib, Rasham Rehman, Irfan Qadir, Mahmood Ahmed.	Effect of teriparatide on bone regenerate after distraction osteogenesis
2	Haroon-ur-Rashid, Kamran Hafeez, Kashif Abbas.	Use of distally based random flap in the management of soft tissue defects in upper two thirds of leg
3	Rizwan Haroon Rashid, Akbar Jaleel Zubairi, Masood Umer.	Malrotation after reamed intramedullary nailing with and without a fracture table for closed fractures of the femoral shaft
4	Irfan Ashraf, Masood Umer.	Asymptomatic urinary tract infection: Cause of postoperative wound infection
5	Adil Aijaz Shah, Santosh Kumar, Abdul Rehman, Rizwan Haroon Rashid, Shahryar Noordin.	Dynamic hip screw fixation for inter-trochanteric fractures: determinants of outcomes
6	Masood Umer, Yasir Mohib, Hafiz Umer.	Operative management of patients with non-spinal metastatic bone disease. Does it actually improve quality of life?
7	Pervaiz Mehmood Hashmi, Yasir Mohib, Kashif Abbas.	Functional and radiological outcome of Intramedullary nailing vs. plate fixation for humeral shaft fractures. Does treatment method bring any difference?
8	Raza Askari, Masood Umer, Mohsin-e-Azam, Haroon-ur-Rashid.	Our experience with Van Nes Rotationplasty for locally advanced lower extremity tumours
9	Kashif Abbas, Raza Askari, Masood Umer, Kamran Hafeez.	Transfusion practice in orthopedic patients: do we really need it?
10	Masood Umer, Raza Askari, Sher Baz.	Use of fresh parental fibular allograft for reconstruction of skeletal defects after limb salvage surgery
11	Akbar Zubairi, Tashfeen Ahmad.	Variability of magnification on digital pelvic radiographs from patients with fractures of the femoral neck - a retrospective audit
12	Saroona Haroon, Nasir Uddin, Shahid Pervez, Naila Kayani, Rashida Ahmed, Kamran Hafeez, Masood Umer.	Chondromyxoid fibroma; experience of 36 cases of an intriguing entity
13	Akbar Zubairi, Shahryar Noordin, Sheilla Pinjani.	Competing interests of undergraduate medical education and industry: integration into longitudinal curricular themes



# PGME Graduation Ceremony 2014



# Graduates of Residency Programs - 2014

## General Surgery



Hassan Bari



Rizwan Sultan



Roger Gill

## Neurosurgery



Muhammad Riyaz

## Operative Dentistry



Saqib Naeem



Samira Adnan

## Ophthalmology



Mustafa Kamal

## Orthodontics



Sohaib Hassan



Saman Faruqui



## Orthopaedics



Rizwan Haroon



Raza Askari



Waseem Ahmed

## Otolaryngology

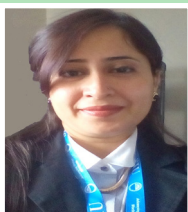


Mohammed Adeel



Sadaf Qadeer

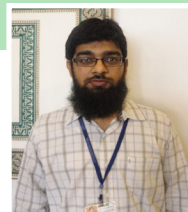
## Urology



Mahwash Nadeem



Mazhar Ali



Wajahat Aziz

## Graduates of Fellowship Programs - 2014

### Breast Surgery



Asma Munir

### Trauma



Zia-Ur-Rehman

# Social Events

## Annual Picnic









## Annual Day







# Publications

## Cardiothoracic Surgery

- Rabban MS, Irfan Qadir YA, Gul M, Sharif H. Heart valve surgery: EuroSCORE vs. EuroSCORE II vs. Society of Thoracic Surgeons score. *Heart International*. 2014;9(1):1-6.
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